Holy Family East Day School is just one of many programs available at Holy Family Institute. Over the past quarter century, we have led the region in the development of innovative programs for youth in education and workforce development. Our existing schools help students who need to be removed from their regular classrooms due to behavioral or learning difficulties.

But over the years, we recognized a separate but equally as important need for an affordable school option for youth of limited economic means that will prepare them to be successful in a career and break the cycle of poverty. Inside, read more about Holy Family Academy, our newest school opening in 2014.

Eighth grader “Lisa” did not do her school work. In fact, sometimes, she did not even bother going to school at all. When she did show up, she was disrespectful to her teachers and refused to follow directions. Lisa could have become just another statistic, a dropout destined for a life of poverty. Instead, she came to Holy Family Institute East Day School.

While other schools might not have had the capacity to support a student like Lisa, that’s exactly what Holy Family School provides. Our staff worked with her to address her truancy problem, and in the smaller class setting she was able to receive more individualized instruction. They encouraged her to push herself academically. Finally recognizing her own potential, Lisa moved through her math curriculum so quickly that she surpassed her classmates and moved onto the next level.

Lisa’s behavior improved, too, with the help of the Boys Town® Model, a program that combines effective classroom management with the teaching of essential social skills. She became a very respectful and courteous student, and at the end of the school year, Lisa was able to transition back to her regular classroom full time.

Holy Family Institute’s mission has remained the same for 113 years: we empower children and families to lead responsible lives and develop healthy and meaningful relationships built on faith, hope and love.

Our agency was founded in 1900, when three orphaned children were brought to the Sister’s summer home in Ennsworth. From there, the organization accepted many more children who needed care, and in 1931, the organization’s name changed from “Orphan Asylum of the Holy Family” to “Holy Family Institute.”

Throughout the years, Holy Family Institute has developed a wide range of programs to improve the lives of children and families who are at-risk, from helping youth succeed in school and in the workplace, to supporting families dealing with trauma, isolation, and poverty. We provide these critical and life-changing services where they are needed most: in homes, schools and neighborhoods.
2013
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Dear Friends & Supporters,

Since our doors first opened in 1990, Holy Family Institute has seen many changes. From our roots as an orphanage, we have evolved to offer a continuum of community-based services designed to improve the lives of children and families who are at risk. Our ability to recognize and respond to the ever-changing needs of our communities is one reason why our doors are still open nearly 114 years later. But it is not the biggest reason.

The biggest reason is you. It is because of generous individuals, businesses and organizations that every year we can proudly report the impact our programs have had, and that we can plan the best ways to continue making an impact in the lives of those who need our love and care the most.

Within this report, you will find highlights of our programs that help youth succeed in school and in the workplace and support families struggling with trauma, isolation and poverty. More importantly, you will find stories, outcomes and statistics that show how these programs are working, that real people are receiving the support they need. And perhaps most importantly of all, you will find our plans for the future — how we ensure that we are looking ahead with purpose and vision to serve the children and families God sends to us.

Read on to learn about Holy Family Academy, our newest initiative to break the cycle of poverty and prepare our youth to succeed in school, work and life. It’s the school that works, literally, as you will discover.

Thank you for choosing to support Holy Family Institute’s critical and life-changing work that would not be possible without your help.

Best Regards,

Allan P. Woods
Chair, Holy Family Institute Board of Directors

Sister Linda Yankoski, CSFN
President and Chief Executive Officer
HOLY FAMILY FUNDRAISING
During this fiscal year, Holy Family raised a total of $5,580,484* representing a 220% increase from the previous year. *Reflects restricted and unrestricted gifts.

GRANTS – $4,594,023
Some of our largest grants included: $3,000,000 (Special anonymous grant), $375,000 (3 years) United Way of Allegheny Co., $185,000 (2 years) Highmark Foundation, $100,000 (2 years) PNC Foundation, $75,000 Nazareth Family Foundation, $50,000 BNY Mellon Foundation of SWPA.

DONATIONS – $438,707
Appeals included our annual Christmas appeal, quarterly newsletter appeals, Pittsburgh Gives and United Way donations.

EVENTS – $295,315
Major events included the 20th Anniversary Arthur J. Rooney, Sr. Courage House Luncheon, the 26th annual Drive for HFI Golf Outing, and the Highmark Walk for a Healthy Community.

EDUCATIONAL IMPROVEMENT TAX CREDITS – $252,439
A total of 14 corporate donors provided contributions through HFF’s approved Scholarship Organization and Educational Improvement Organizations programs of EITC.

2013 Revenue: $25,472,047
- Government: $9,238,070
- Third Party Reimbursement: $9,362,542
- Grants & Contributions: $6,011,332
- Other: $860,103

2013 Expense:* $26,490,663
- Holy Family Community Services: $10,766,809
- Holy Family International College Preparatory Program: $1,851,792
- St. Mary’s Villa for Children and Families: $8,650,594
- Administration: $5,220,468

2013 Assets: $15,248,375
- Accounts Receivable: $2,098,411
- Cash & Cash Equivalents: $7,454,055
- Property & Equipment (net): $4,922,578
- Prepaid Expenses & Other: $773,231

2013 Liabilities: $5,513,071
- Notes Payable: $2,786,667
- Accrued Expenses: $2,261,209
- Accounts Payable: $343,108
- Refundable Deposits: $122,687

2012 Holy Family Foundation Net Assets: $11,699,879
- Total Unrestricted: $8,272,038
- Temporarily Restricted: $75,417
- Permanently Restricted: $3,352,364

* This amount includes a one-time charge of $2,577,230 for the diestiture of St. Mary's Villa for Children and Families.
# Clients Served

*July 1, 2012 – June 30, 2013*

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>TOTAL SERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>SNAP ®</td>
<td>137 Children</td>
</tr>
<tr>
<td>Youth Workforce Development</td>
<td>59 Youths</td>
</tr>
<tr>
<td>Parent Child Home Program</td>
<td>18 Children</td>
</tr>
<tr>
<td>Residential Services:</td>
<td></td>
</tr>
<tr>
<td>In-Community Family Stabilization</td>
<td>36 Children/Youths</td>
</tr>
<tr>
<td>Group Homes &amp; Independent Living</td>
<td>32 Children/Youths</td>
</tr>
<tr>
<td>Shelter</td>
<td>76 Children/Youths</td>
</tr>
<tr>
<td>In Home Services:</td>
<td></td>
</tr>
<tr>
<td>Allegheny, Armstrong and Indiana Counties</td>
<td>581 Children/Youths</td>
</tr>
<tr>
<td>Schools</td>
<td>257 Children/Youths</td>
</tr>
<tr>
<td>Turtle Creek, Chatham, Penn Hills, Duquesne</td>
<td></td>
</tr>
<tr>
<td>SHORES</td>
<td>614 Individuals</td>
</tr>
<tr>
<td>Family Focused Solution Based Services</td>
<td>250 Children/Youths</td>
</tr>
<tr>
<td>Mental Health Counseling</td>
<td>170 Individuals</td>
</tr>
<tr>
<td>Family Group Decision Making Armstrong and Indiana Counties</td>
<td>124 Children/Youths</td>
</tr>
<tr>
<td>Utility Assistance:</td>
<td></td>
</tr>
<tr>
<td>Duquesne Light CAP</td>
<td>7,866 New Families</td>
</tr>
<tr>
<td>Duquesne Light CARES</td>
<td>80 Families</td>
</tr>
<tr>
<td>Dollar Energy Fund</td>
<td>567 Families</td>
</tr>
<tr>
<td>Holy Family International College Prep Program</td>
<td>67 Students</td>
</tr>
<tr>
<td>St. Mary’s Villa for Children and Families*</td>
<td></td>
</tr>
<tr>
<td>Villa Academy &amp; Ambler Day School</td>
<td>100 Children/Youths</td>
</tr>
<tr>
<td>Residential</td>
<td>133 Children/Youths</td>
</tr>
<tr>
<td>Out-Patient</td>
<td>94 Individuals</td>
</tr>
<tr>
<td>Total Served</td>
<td>11,261 Children, Youth and Families</td>
</tr>
</tbody>
</table>

*St. Mary’s Villa for Children and Families transitioned to Public Health Management Corp. of Philadelphia on April 1, 2013.*

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# Outcomes

*July 1, 2012 – June 30, 2013*

## Parent Child Home Program

Participants showed increased positive parenting behavior and child verbal interaction. Average increase in Parent and Child Together (PACT) Assessment Scores:

- Year 1 parents: 2.78 to 3.50*
- Year 2 parents: 2.80 to 3.58*

Average increase in Child Behavior Traits (CBT) Assessment Scores:

- Toddlers: 2.06 to 2.79*
- Preschoolers: 3.48 to 3.71*

*Out of 4 points

## In-Home, Family Group Decision Making, and Family Focused Solution Based Services

The majority of youth in these programs were able to remain in a family setting, reduced their risk scores, were connected to community resources, and were successful at attaining their goals.

<table>
<thead>
<tr>
<th>Allegheny County</th>
<th>Indiana</th>
</tr>
</thead>
<tbody>
<tr>
<td>In Home</td>
<td></td>
</tr>
<tr>
<td>Remained in family setting</td>
<td>93%</td>
</tr>
<tr>
<td>Developed goal plan</td>
<td>83%</td>
</tr>
<tr>
<td>Connected to community resource(s)*</td>
<td>93%</td>
</tr>
<tr>
<td>Reduction in risk score*</td>
<td>81%</td>
</tr>
<tr>
<td>Successful at goal attainment*</td>
<td>43%</td>
</tr>
</tbody>
</table>

*Of discharged clients who developed goal plan.
SHORES

The majority of SHORES Drug and Alcohol Counseling clients who were discharged during 2012-2013 had a goal success rating of Good or Satisfactory. The average days of service for clients was 120 days.

MENTAL HEALTH COUNSELING

More than half of Mental Health Counseling clients who were discharged during 2012-2013 had an increase in their Global Assessment Functioning score. The average days of service for clients was 221 days.

SNAP

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>81% BOYS‡</td>
<td>Reduced their risk score on the Child Behavior Checklist</td>
</tr>
<tr>
<td>72% GIRLS‡</td>
<td>Reduced their risk score on the Child Behavior Checklist</td>
</tr>
</tbody>
</table>

The SNAP in Schools program was successfully piloted in January 2013 in two classrooms in the Sto-Rox Elementary School.

*Who completed both pre- and post-tests.

YOUTH WORKFORCE DEVELOPMENT

- More than half (53%) of the youth completed the program.
- 88% moved on to the next grade in school.
- 80% developed goal setting and educational planning skills.
- 76% completed financial literacy component.
- 61% completed a resume.

RESIDENTIAL

This program reduced the average length of time needed in placement, which is beneficial to the youth.

- 60% of discharged youth obtained their permanency goal.
- Youth in In-Community Family Stabilization currently receiving Aftercare and Follow-up services had a bed day stay average of 84 days compared to the 120 bed day Holy Family Institute benchmark.

HOLY FAMILY INTERNATIONAL COLLEGE PREPATORY PROGRAM

Students become acclimated to American culture and are eager to return. 80% of students from the 2011-12 school year returned to HFFCPP for the 2012-13 school year, and the program attracted 49 new students. FOUR high school graduates were accepted into higher education programs and are continuing their education – TWO at Penn State University, ONE at Duquesne University, ONE at the California Institute of Art.
Growth & Change

ST. MARY’S VILLA FOR CHILDREN AND FAMILIES
TRANSITIONS TO PUBLIC HEALTH MANAGEMENT CORPORATION (PHILADELPHIA, PA)

Effective April 1, 2013, St. Mary’s Villa for Children and Families (SMVCF), acquired by Holy Family Institute in 2001, was transitioned to Public Health Management Corporation (PHMC). The core benefit of the transfer was that it provided for the least amount of trauma for all parties involved. At transfer, all youth and family services continued uninterrupted and all staff retained their jobs. The transfer also helped to ensure that our mission and hard work over the past 10 years would continue for many years to come. PHMC staff report the programs continue and are doing well due to local community and legislative support.

TURTLE CREEK DAY SCHOOL MOVES TO PENN HILLS

At the conclusion of the 2012–13 school year, Turtle Creek Day School moved to a new location at 100 Mulberry Lane in Penn Hills for the following school year. The new school is called Holy Family East Day School. The newly-remodeled building offers many amenities that the former location did not, including central air conditioning and upgraded technology. Additionally, every student received a Chromebook to aid in their learning experience.

PLANS BEGIN FOR HOLY FAMILY ACADEMY

At Holy Family Institute, we have always believed in the dignity of work as necessary to live a meaningful life. Recognizing that our regional economy needs students to be prepared to fill critical workforce gaps of the high-demand industries of the 21st century, and that there are multiple pathways to a successful career, a vision for a new school began to take shape during the 2012–13 fiscal year.

Opening in August 2014, Holy Family Academy will be a new independent Catholic high school for students of limited economic means who are serious about post-secondary education that will lead to a career. In addition to providing a rigorous 21st century curriculum, it is the only school in our region to offer a corporate work study program. Students go to work once a week as work study associates at some of Pittsburgh’s most prestigious companies to gain real-world experience, help fund the cost of their tuition, and learn career skills that will follow them for the rest of their lives.

For more information, visit www.hfi-pgh.org.