



HOLY FAMILY INSTITUTE

Restoring Hope, Transforming Lives

Annual Report 2012



Annual Report 2012

Dear Friends and Supporters,

The ultimate goal of all of our programs is to prepare young people, adults and families to be successful by developing responsible behaviors and healthy and meaningful relationships. To that end, we track educational success, work experience, family reunification, recovery from addiction, child safety, and other measures that indicate how well individuals and families are achieving their goals.

In everything we do, our aim is to end the cycle of trauma and abuse in the lives of children and families and in our communities. Each service provides a versatile and innovative approach to treating or ending trauma. In this report, you will read about the impact our programs have had on the nearly 11,000 children and families we served in fiscal year 2012. While many of these programs and services have remained the same, our approach is different.

With the addition of a Chief Strategy and Innovation Officer thanks to a grant from the Alliance for Children and Families, we have enhanced our planning efforts by adopting "human centered design thinking." This planning approach, coupled with the Sanctuary Model[®] of trauma-informed care, allows us the ability to offer innovative and individualized solutions to problems faced by youth, families, and institutions.

Our work has expanded in recent years, with services in Allegheny, Armstrong, Beaver, Indiana and Westmoreland counties. We now share our main campus with Pressley Ridge and have created a formal boarding program for international students attending local Catholic high schools. With the support of the Holy Family Foundation, collaboration with other organizations and finding innovative uses for our campus, HFI was able to end the year on a positive financial note.

We are incredibly grateful to have the support of each individual, business, and organization that invests in our young people by supporting Holy Family Institute. With your help, we will pursue, with unwavering commitment, our goal to reach every child and family who need us.

I hope this report gives you an understanding of the tremendous impact your generosity has on the lives of children and families. Thank you for choosing to support this important work.

Best Regards,



Allan P. Woods
Chair, Holy Family Institute Board of Directors



Sister Linda Yankoski, CSFN
President and Chief Executive Officer





Our Programs

Since 1900, we have served children and families by providing life-changing services to bring them help, healing, hope and support. While our mission has remained the same for 112 years, the needs of children and families have been constantly changing over that time. It is of critical importance for social service agencies to remain dynamic and flexible in order to meet the changing needs of the communities they serve. At Holy Family, we pride ourselves on our ability to do just that.

The **SNAP** program serves boys and girls ages 6 to 11 who are experiencing behavioral difficulties and at risk for getting into more trouble down the road. Our program helps children and parents effectively deal with anger by teaching them how to respond in a way that makes their problems seem smaller, not bigger.

Impact Our children learn to control their **behavior**, and family bonds are strengthened. At the beginning and end of the program, each student is evaluated on a Child Behavior Checklist. Improved scores mean a much lower probability of future behavior that leads to crime. Of the children who attended at least three quarters of the sessions this year, 81% of the boys had improved scores, and 88% of the girls had improved scores.

Launched in 2011 as an after-school program for youth to learn real-world skills that prepare them to enter the workforce, the **Youth Workforce Development Program** expanded in 2012 to include an exciting new entrepreneurship component. Participating youth can “earn and learn” as they design business plans and operate the Pit Stop carwash. Through a collaboration with Entrepreneuring Youth, the students learn about business creation and experience ownership.



Impact Our youth gain confidence, overcome shyness, and learn **personal responsibility** and other skills that will help them be employable for their whole lives. Remarkably, in the first full year of operation, 86% of eligible students received their high school diploma, and more than half of the students who began the program completed it.

Annual Report 2012



In the second year offered by HFI, the **Parent-Child Home Program** continues to prepare young children for school success by increasing language and literacy skills, enhancing social-emotional development, and strengthening the parent-child relationship.

Impact Families learn parenting skills and children are better prepared to begin school. Parenting skills are assessed at the beginning and end of each program year. Year 1 Program families consistently improved their parent-child verbal interaction and positive **parenting**

behaviors with an overall average increase in score from 2.86 to 3.04 out of a possible 4. Year 2 Program children showed a 100% score in each assessment area, having a score of either “often” or “always” for each item assessed.

St. Mary’s Villa for Children and Families offers residential treatment for youths who are removed from their home, and alternative education for behaviorally challenged and truant students. **Impact** “Rita” was placed at St. Mary’s in 2010 at age 16 due to behavioral problems. She had many strengths and was a determined and loving mother of a one-year-old boy. Over the past two years, Rita gained employment at a hair salon, which is her passion. She graduated from the day school in 2012 and now attends Pierce College. With continued support from St. Mary’s staff, Rita is on a clear path to success.

Through in-community stabilization, group homes, supervised independent living, emergency shelter, and aftercare services, our **Residential Services** provide for the needs of children and youth who have been removed from their homes due to situations of abuse or neglect. Individualized and culturally responsive counseling and other preventative services strive to include the entire family, natural supports and community resources, to strengthen the family unit.

Impact Our youths spend less time in placement and improve their academic performance and **family stability**. In 2011-12, 68% of youth achieved the permanency goals that were established at the start of their care.



Holy Family's **In-Home Program** in Allegheny, Armstrong and Indiana counties offers counseling, education, advocacy and coordination of care for families in their home, combating issues such as abuse, addiction, emotional problems, parenting difficulties and relationship problems.

Impact This program increases **child safety**, well-being and permanency. In 2011-12, 85% of families who had developed goal plans had a reduction in their risk score, 97% of children served were able to remain in a home setting, and 93% of families were connected to at least two community resources.

The "Smith" family began fostering "Joe," who had been emotionally abused by his birth parents. Joe was physically and verbally aggressive towards both foster parents. At one point, our in-home counselor had to testify in court that Joe needed to be removed from the foster home and Joe was placed in another foster home temporarily. The Smith family had been struggling with the stress of parenting and marital issues, and this crisis became a turning point for them. HFI's in-home counselors encouraged the parents, educated them on raising a special needs child, and taught them how to be proactive and advocate for their son. As Joe began responding to therapy, the in-home worker was able to engage and support the parents in following through with the techniques the therapist was using. As stress began to de-escalate in the home, each family member fed off of each other's positives accomplishments. Bonding between father and son increased as they were able to spend quality time together. The marital relationship improved. Physical and verbal aggression by the child diminished. In the end, the Smith family was able to adopt Joe, and now he has the stable and loving family he always deserved.

HFI **Schools** serve academically and behaviorally challenged students by providing them with individualized education resources and the caring, supportive environment they need to return to their home classroom. During the 2011-12 school year, HFI operated three schools in western Pennsylvania and offered classroom services by contract in several school districts.

Impact Our students are better prepared to function in a traditional classroom and continue their education beyond high school. During this reporting period, 47% of students at Washington Day School, 28% of students at Chatham Day School, and 21% of students at Turtle Creek Day School were able to return successfully to their home classroom. Additionally, 20 juniors and seniors from these schools were able to take college credits at CCAC at no cost to them, and 75% of those students successfully completed the coursework and received advanced college credit.



Annual Report 2012

HFI's **SHORES** program provides professional treatment to individuals with substance abuse and addiction issues, such as drug, alcohol and gambling.

Impact "Mike" was referred to SHORES from inpatient rehab as aftercare for abuse of drugs and alcohol. Over his 13-month treatment, he went through one relapse and dealt with numerous family issues, yet he did not waver from his **recovery goals**. With the support of his SHORES counselors, he is currently drug-free for more than a year and has committed himself to a life of recovery. He graduated from high school and is currently employed full time while he attends college.

As part of the **Family Focused Solution Based Services**, Holy Family provides a team of professionals who offer intensive therapeutic and support services to families that include adults and/or children with serious mental disorders, in order to reduce the risk of psychiatric hospitalization and out-of-home placement.

Impact In 2011-12, 95% of children were able to remain in a home setting, 85% of families were connected to at least two **community resources**, and 70% of families had an increase in their Global Assessment of Functioning (GAF) score, which is assessed at intake and again at discharge.

Holy Family offers **outpatient mental health counseling** to children, adults and families who want to improve their quality of life, helping them deal with issues stemming from abuse, neglect, trauma, behavioral problems, anger management, grief and loss, and other debilitating issues.

Impact Clients are able to improve their **quality of life**. The Global Assessment of Functioning Score is used for reporting the clinician's judgment of the individual's overall level of functioning. Ranging from 1 to 100, the higher the score, the higher the level of functioning. 77% of clients had an improvement in GAF score at discharge, and 87% of clients did not require a higher level of care upon discharge.





Holy Family provides access to a variety of **Utility Assistance Programs** supporting low- and fixed-income households (including Duquesne Light’s Customer Assistance Program and CARES), so families can maintain the utility services critical to their well-being.

Impact Families are more likely to retain their electric service. In the past year, Holy Family has added two new CAP offices in Downtown Pittsburgh and Beaver Falls to expand our capacity to serve families in Allegheny and Beaver counties.

Holy Family Foundation

The purpose of the Holy Family Foundation (HFF) is to provide support for the programs and services of Holy Family Institute. During this operating year, HFF raised a total of \$1,745,920, representing an 8% increase from the previous year. This amount includes revenue produced from development activities including special events, donations, grants, and the capital campaign.

Events \$280,344 HFF’s two major events both exceeded their goals. The Arthur J. Rooney Sr. Courage House Luncheon generated \$159,190. Quinton Williams, a certified EMT and graduate of Holy Family’s Turtle Creek School, received the Courage House Award, while Pittsburgh Steeler Max Starks was honored as the Ed Block Award recipient.



The Arthur J. Rooney Sr. Courage House Luncheon is chaired by Greta K. Rooney.

The Drive for HFI Golf Classic celebrated its 20th anniversary and raised \$140,000. As part of the celebration, John Banaszak and Marlyn Carle were both honored with the Spirit of Family Award for their longtime guidance and dedication to this fundraising event. Other events included the Highmark Walk and Pittsburgh Gives.

Appeals \$573,505 HFF conducted a successful Christmas appeal, United Way campaign, and quarterly newsletter, as well as the Educational Improvement Tax Credit (EITC), which benefits the Youth Workforce Development Program.

Grants \$892,070 Some of the largest grants received include \$237,000 over three years from the Alliance for Children and Families to hire a Chief Strategy Officer, \$151,500 from the Nazareth Family Foundation for the Parent-Child Home Program, \$101,500 from the United Way for the Strong Families Collaborative, \$83,700 from the Three Rivers Workforce Investment Board and \$50,000 from BNY Mellon Foundation to support the Youth Workforce Development Program.

The **Strengthening Our Community Capital Campaign** has generated \$3,961,145 of the \$5,000,000 goal of the capital campaign.

Growth and Change

Since its founding in 1900, Holy Family Institute has long been recognized as a refuge for children in need of a safe, nurturing environment. At the turn of the 20th century, the children served by HFI were primarily from Polish families who immigrated to America seeking a better future. Today, among our many programs, HFI continues our legacy of providing services to international students seeking a better future through education in the United States.

Launched in 2011, the **Holy Family International College Preparatory Program (HFICPP)**

provides international students with an outstanding high school education, involvement in activities and sports, and a boarding program consistent with the highest ideals of human development.

While international high school students often have adequate financial means, they lack the post-secondary educational opportunities we take for granted living in America. HFICPP helps them develop into young adults with proficient English speaking and writing skills, excellent academic credentials, and strong moral values that will help them to be considered as competitive candidates to high-ranking U.S. colleges and universities. HFICPP provides a global campus in Emsworth that gives students a structured environment where intellectual, social and emotional learning are equally valued, while helping to bolster support and enrollment for our local Catholic high school partners.



We believe that **family is the cornerstone of our culture**.

For a student to understand American culture, he or she may wish to experience what it is like to live with and become a valued and productive member of an American family. For that reason, we regularly seek families through our network of churches and supporters to participate in our Home Stay Family Program by hosting an international student in their home.

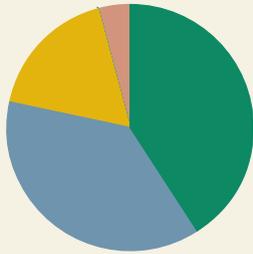
Families who are interested in learning more about becoming a Home Stay family should visit www.hfi-cpp.org/home-stay-family, or contact the Home Stay Coordinator at 412-766-4030 x304.



Financials 2012

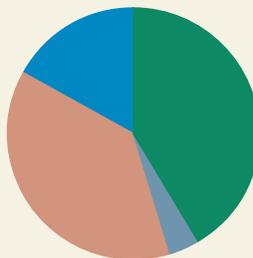
Results 2012

Holy Family Services



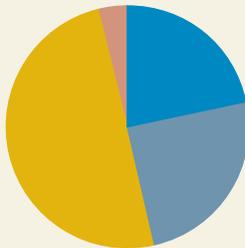
2012 Revenue: \$ 25,423,510

Government	10,434,726
Third Party Reimbursement	9,549,613
Grants & Contributions	4,385,704
Investment Income	11
Other	1,053,456



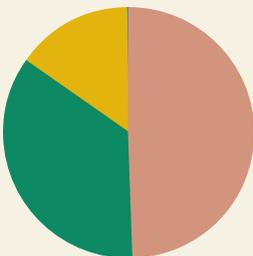
2012 Expense: \$ 25,308,981

Holy Family Community Services	10,509,872
Holy Family International College Preparatory Program	1,014,877
St. Mary's Villa for Children and Families	9,553,121
Administration	4,231,111



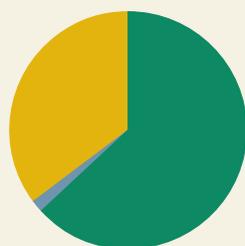
2012 Assets: \$ 16,740,788

Accounts Receivable	3,645,684
Cash & Cash Equivalents	4,149,704
Property & Equipment (net)	8,325,262
Prepaid Expenses & Other	620,138



2012 Liabilities: \$ 6,497,902

Notes Payable	3,226,667
Accrued Expenses	2,289,550
Accounts Payable	980,204
Refundable Deposits	1,481



2012 Holy Family Foundation Net Assets: \$ 9,511,640

Total Unrestricted	6,014,240
Temporarily Restricted	145,036
Permanently Restricted	3,352,364

Program	Served
SNAP	79 children
Youth Workforce Development	65 youths
Parent-Child Home Program	19 children
St. Mary's Villa for Children & Families	
• Villa Academy & Ambler Day School	127 children/youths
• Residential Treatment	168 children/youths
Residential Services	
• In-Community Stabilization	11 children/youths
• Group Homes & Independent Living	42 children/youths
• Shelter	25 children/youths
• Aftercare	6 children/youths
In Home Services <i>(Includes Allegheny, Armstrong and Indiana Counties)</i>	570 children/youths
Schools <i>(Includes Turtle Creek, Chatham, Washington, Penn Hills BEST, and Duquesne)</i>	295 children/youths
SHORES	380 individuals
Family Focused Solution-Based Services	239 children/youths
Mental Health Counseling	277 individuals
Family Group Decision Making	145 children/youths
Utility Assistance	
• Duquesne Light CAP	8,137 new families
• Duquesne Light CARES	16 families
• Dollar Energy Fund	371 families
Holy Family International College Prep Program	40 students
Total children, youth & families served	11,012

Annual Report 2012

Boards 2012

(Service between 7.1.11 and 6.30.12)

Holy Family Institute Board of Directors

Allan P. Woods, Chair

Retired, Vice Chairman & CIO,
Mellon Financial Corporation

Mark J. Minnaugh, Vice Chair

Executive VP & CAO,
Giant Eagle, Inc.

Staci L. Brogan, CPA, Treasurer

Senior Manager, Schneider Downs
& Co., Inc.

Richard R. Cessar, Secretary

Managing Director, Marsh USA, Inc.

**Sr. Linda Yankoski, CSFN, Ed.D.,
President**

President & CEO, Holy Family
Institute

Carlos T. Carter

Senior Vice President, Global
Commercial Banking, Bank of
America Merrill Lynch

Francis W. Daily

Private Consultant

Douglas H. Descalzi

Executive Director, New Product
Development, MEDRAD, Inc.

Judith R. Griggs, Ph.D.

Spiritan Division, Duquesne
University

James R. Haggerty

Director, Cohen & Grigsby, PC

Arlene McGannon, D.Min.

Associate General Secretary/
Chancellor, Diocese of Pittsburgh

Mickey McManus

President & CEO, MAYA Design, Inc.

Kurt H. Miller

Partner, Accenture

**Andrew John Schneider-Munoz,
Ed.D.**

Associate Professor, University of
Pittsburgh

John H. Pelusi, Jr.

Executive Managing Director &
Managing Member, Holliday
Fenoglio Fowler, LP

David M. Tallman

Vice President & General Manager,
Eaton Electrical Group

Sally K. Wade

Vice President, Human Resources,
Mitsubishi Electric Power Products,
Inc.

Holy Family Foundation Board of Trustees

Kenneth R. Melani, M.D., Chair

President & CEO, Highmark Inc.

Jennifer L. Haggerty, Vice Chair

Vice President, Financial Advisor,
The DHS Group, Merrill Lynch

Ronald M. Petnuch, Treasurer

Chief Executive Officer, InterTECH
Security LLC

Joseph R. Scherrbaum, Secretary

Vice President - Sales, United States
Steel Corporation

**Sister Linda Yankoski, CSFN, Ed.D.,
President**

President & CEO, Holy Family
Institute

John Banaszak

Owner, The Champions Advantage

Elisa Cavalier

Financial Advisor, Hefren-Tillotson

Brian Conboy

President, Advanticom

Sy Holzer

President, PNC Bank

Bradley Lewis

Director of Marketing & Sales,
ADDCAR Highwall Mining Systems

David J. Malone, CLU, Ch.FC.

President & CEO, Gateway Financial

David Morehouse

President & CEO, Pittsburgh
Penguins

Mary M. O'Day

Partner, K&L Gates

Gary L. Schwass

Retired Executive VP-CFO/Senior
VP-CFO, DQE/Duquesne Light
Company

Shelley Uku

President, FCG Solutions, Inc.

Holy Family Community Services Board of Trustees

**Andrew John Schneider-Munoz,
Ed.D., Chair**

University of Pittsburgh School of
Education

Sharon F. DiPaolo, Esq., Vice Chair

Partner, Siegel, Siegel, Johnson &
Jennings, Co., L.P.A.



Anthony Barilla, Treasurer
Portfolio Manager, Tristate Capital Bank

Sheila L. Carter-Jones, Secretary
Educational Consultant

Sister Linda Yankoski, CSFN, Ed.D., President
President & CEO, Holy Family Institute

Reverend Thomas J. Burke
Pastor, Good Shepherd Parish

Patricia Cobbs
JLC Daycare

Keino L. Fitzpatrick, Sr.
Community Organizer, A+ Schools

Donna Imhoff, Ph.D.
Campus President, North Campus & West Hills Center, Community College of Allegheny County

Mark Palastro
CFO, Holy Family Institute

Sandra L. Schott
Director of Administrative Services, Holy Family Institute

LaWana L. Simmons
Principal Financial Analyst/Financial Management & Treasury Services, BNY Mellon

Holy Family International College Preparatory Program Board of Trustees

Douglas H. Descalzi, Chair
Executive Director, New Product Development, MEDRAD, Inc.

William T. Cullen, Vice Chair/ Secretary
Partner, K & L Gates

Mujib Rahman, Treasurer
PNC Bank

Sister Linda Yankoski, CSFN, Ed.D., President
President & CEO, Holy Family Institute

Mark Palastro
CFO, Holy Family Institute

Reverend Thomas G. Schaefer, Ph.D.
LaRoche College

Sandra L. Schott
Director of Administrative Services, Holy Family Institute

Kenneth P. Service
Executive Director, Pittsburgh Council on Higher Education

William N. Talerico
Vice President, Talerico Group

St. Mary's Villa for Children and Families Board of Trustees

J. Edmund Mullin, Esq., Chair
Attorney, Hamburg, Rubin, Mullin, Maxwell & Lupin

Joseph J. Trefaller, Vice Chair
COO, Commcor, Inc.

Robert J. Payne, Treasurer
Managing Director, Payne Capital Management

James D. Vesci, Sr., Secretary
Business Owner, Blue Bell Sales Associates, Inc.

Sister Linda Yankoski, CSFN, Ed.D., President
President & CEO, Holy Family Institute

Michael J. Barrist
TRDS Holdings LLC

Richard Feron
The Windsor Realty Group LTD

Joseph J. Greco
CEO, PSC Info Group





HOLY FAMILY INSTITUTE

Restoring Hope, Transforming Lives

Holy Family Institute
8235 Ohio River Boulevard
Pittsburgh, PA 15202

www.hfi-pgh.org

We work in our community to transform the lives of children and families.



MISSION

Holy Family Institute is a Catholic, charitable organization founded in 1900 by the Sisters of the Holy Family of Nazareth. Our mission has remained the same for more than 110 years: We empower children and families to lead responsible lives and develop healthy and meaningful relationships built on faith, hope and love.

Your support is needed to continue the mission of Holy Family Institute. There are many ways to donate:

- Send a tax-deductible donation: 8235 Ohio River Boulevard Pittsburgh, PA 15202
- Donate online at www.hfi-pgh.org
- Designate your United Way contribution to Holy Family Institute, Contributor Choice #73
- Designate your Combined Federal Campaign contribution to Holy Family Institute, Contributor Choice #72793
- Opportunities for major gifts and planned giving are available by calling 412.766.4030
- Matching gifts may be available through your employer



Contributor Choice 73

The official registration and financial information of Holy Family Institute may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

Certified by the Sanctuary® Institute



CREDIBILITY • INTEGRITY • ACHIEVEMENT